# DESIGNING WAYS

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for people in the world of design

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## **VertU Health Bar**

### Montréal, Canada



A refreshing design for a healthy menu

o bring nature inside the VertU health bar was at the heart of this restaurant's design concept. The space represents different aspects of nature, formally or informally.

The Nutritowers in the centre of the space embody a vertical indoor garden that allows the client to grow fresh herbs throughout the year so that customers can enjoy a great meal filled with chlorophyll.

The blue ceiling is reminiscent of

beautiful summer days and the use of pastel colours is an ode to the fruits and vegetables that are part of the menu such as mango, lemon, melon, green vegetables... the freshness of the menu is in every detail of the design.

The large infinity table is also a reference to the cycle of nature. DW

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Photography: Adrien William

# A big LITTLE nest

**Bordeaux, France** 

It's in the duality between a small space and large glass surfaces that this project was born.

his small apartment on two levels is located in a stone building, in the heart of the historical centre of Bordeaux. The challenge of this rehabilitation was to design a small space in which all the functions of a large space would be present.

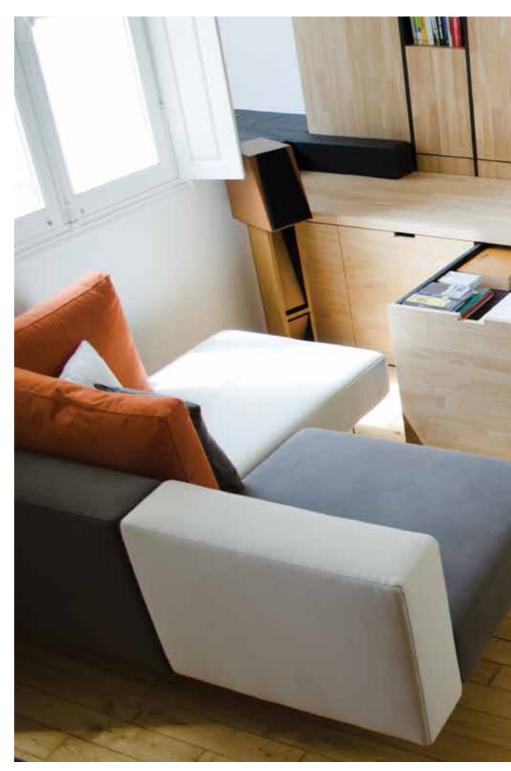
#### LIGHT AND BRIGHT

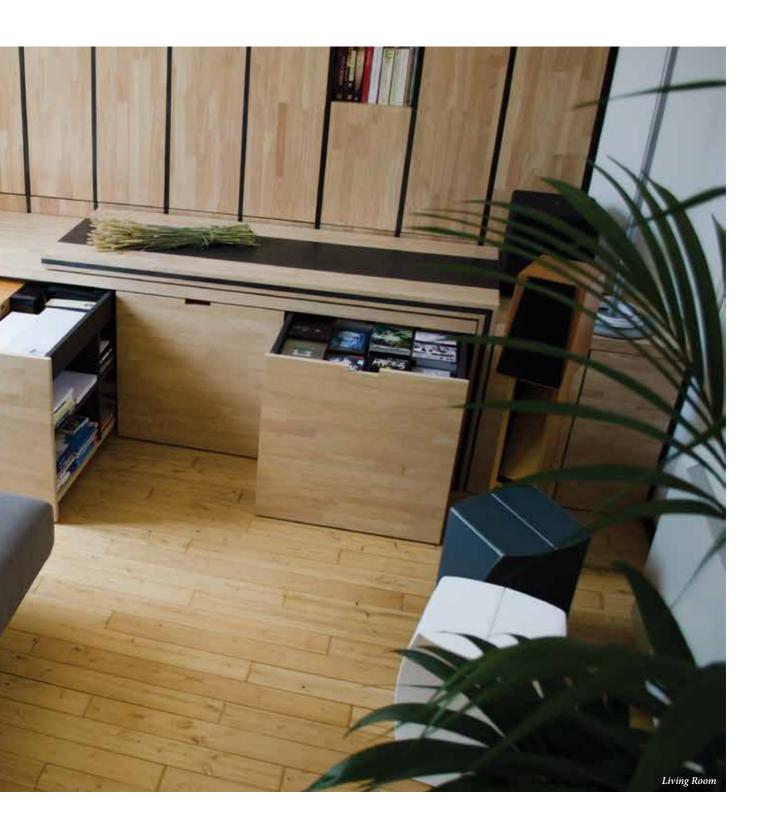
The main advantage is the apartment's brightness due to the ten windows that enable it to benefit from all orientations (North, South, East, West), giving it a warm atmosphere. A clear and sober wood was used as the main material, adding strength to the ambiance. It was for this reason, too, that the chestnut floors were kept and reworked to reveal their subtle golden colour. The combination of white walls and window frames with the light shades on all surfaces, helped to visually expand the space.

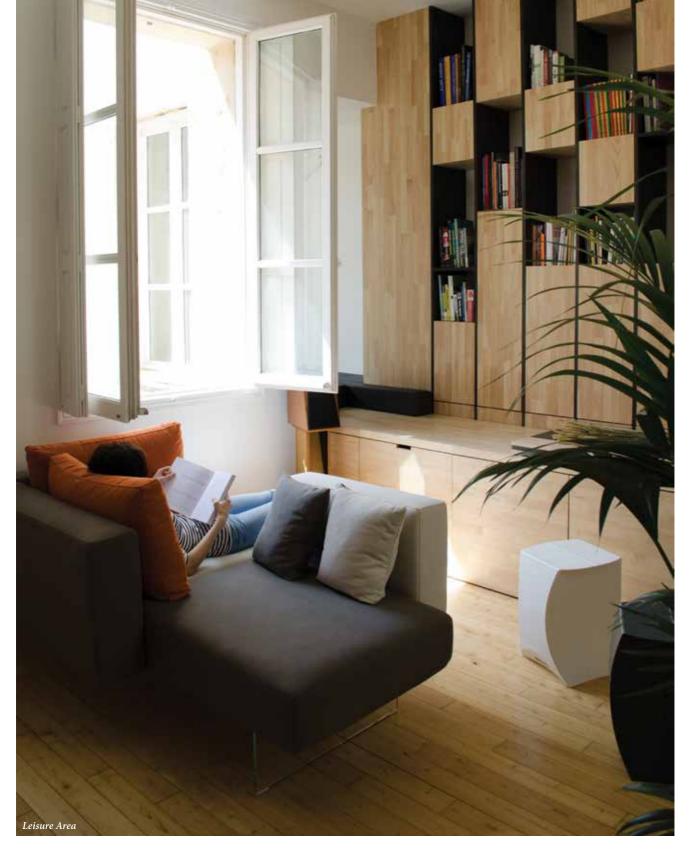
#### **OPTIMISATION OF SPACE**

The constraint of restricted space guided the design team towards solutions, inducing new forms of appropriate space for the users. This is realised by the creation of different levels used to sit, lie down, work, eat, read etc.

To achieve this, they built two parallel bands. The first, developed along the wall, consists of a library, with a podium that one can climb on to access the library. The podium can be put away for access to the dining room table and to the reading room. Under the podium, there are plenty of concealed storage compartments which are easily accessible as they are on castors.

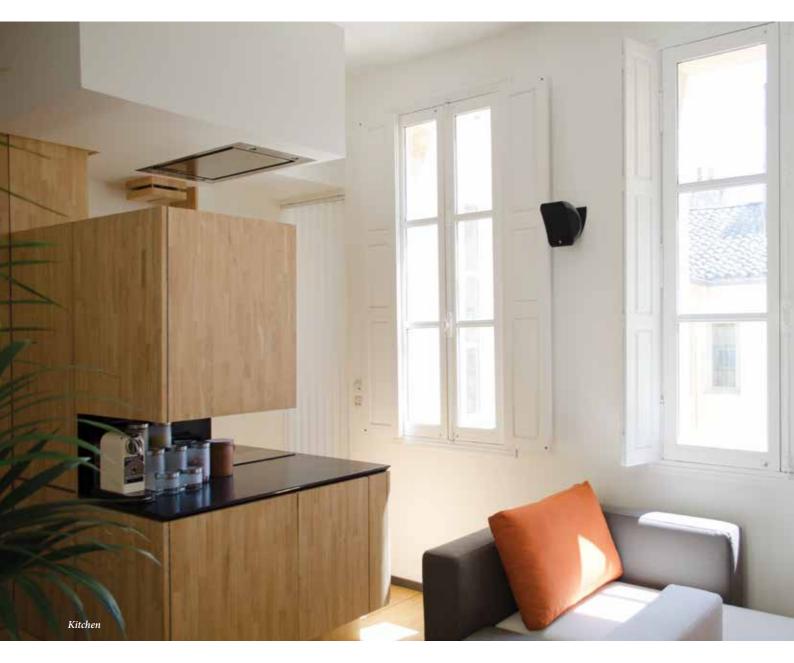






Everything has its place and each space has its purpose.

The reading room, consisting mainly of small bands of mattress placed on the podium, gives life to the concept of a real cocoon, calling for relaxation. Below, there is an extra office, including all necessary storage, which provides a pleasant, naturally lit workspace. Should guests arrive, the office can quickly be closed up, so that they don't even suspect it's there.



The second band built on the opposite wall, comprises the laundry, kitchen and stairs. The laundry room is a small room with a high ceiling. It was invested throughout its volume. On one of the walls there is storage space and a retractable line for hanging the washing.

The kitchen is a peninsula which is accessible from all sides. All appliances are hidden to make this preparation area

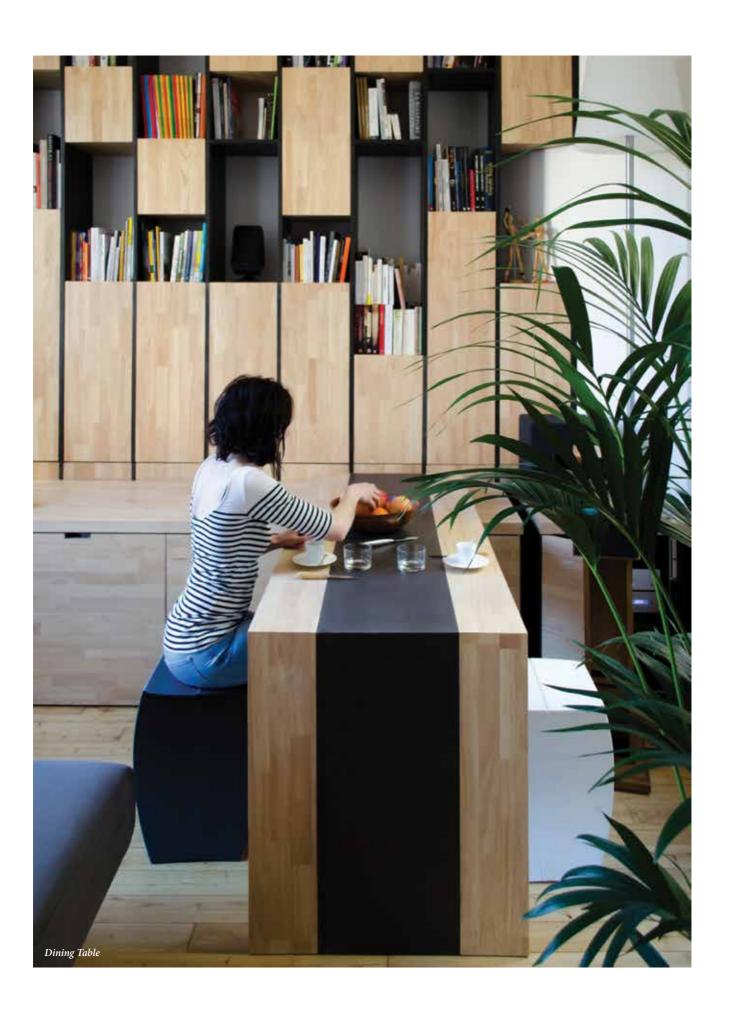
as discreet as possible.

Similarly, the stairway has plenty of storage. Upstairs, the partition becomes a real piece of furniture, creating the space of the room. Special doors, in the room and toilet, create the illusion of a continuous wall.

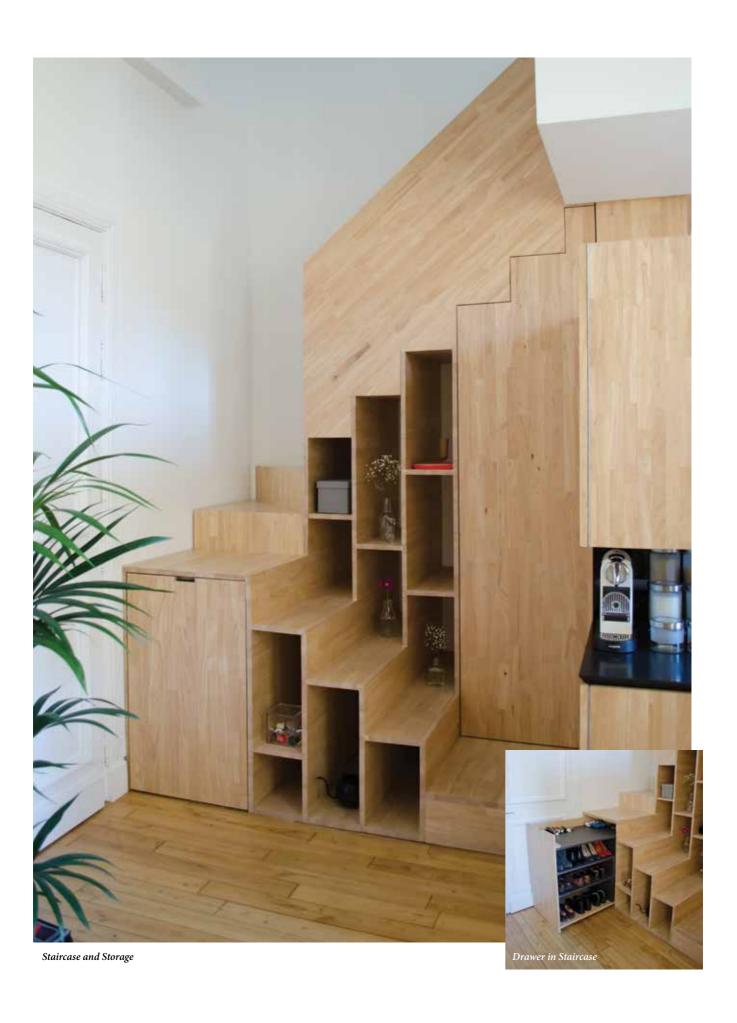
The back of the toilet wall emerges as a wood ribbon from the ground and hides the cistern.

One of features of the bathroom is the window in the shower, flooding this small space with light and giving it a special atmosphere.

www.atelier-miel.com













Architecture and Interior Design: Mickaël Martins Afonso & L'atelier miel

Location: Bordeaux, France Building works: 10 months

Area: 45 m<sup>2</sup> Materials used:

Rubber tree (furniture, stairs, podium)

Chestnut tree (floor, bathroom furniture)

MDF black (furniture inside)

MDF painted (doors, false ceilings)

**Grey sand marble of Portugal (bathroom)** 

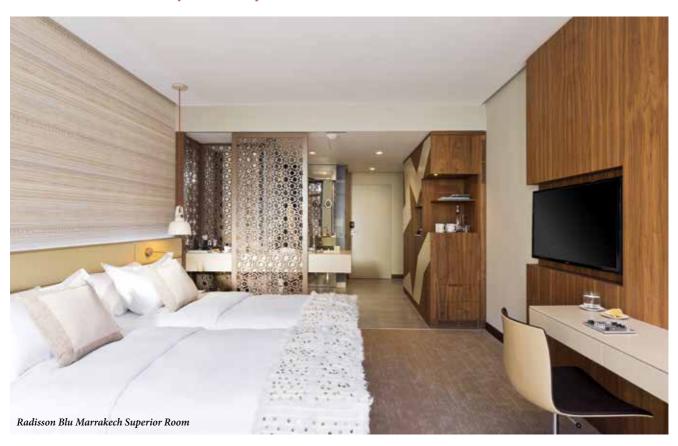
Black Zimbabwe flame brushed granite (kitchen worktop)

Oak painted white (windows)

Photographs: Mickaël Martins Afonso

# Radisson Blu in Marrakech, Morocco

## Operated by the Carlson Rezidor hotel chain



he Radisson Blu Hotel Marrakech officially opened its doors in August this year.

The main design challenge was to create a contemporary and innovative aesthetic recalling the essence of the red city. The hotel is located in Gueliz, and is part of a mixed-use property including apartments and a shopping centre called "Carre Eden".

Atelier Pod, the design firm, had a tailored approach to extending the urban dynamic of the city to the accommodation, to provide a relaxing, atypical atmosphere. The designers focused on the design layout before looking for the aesthetic DNA. The purpose was to make a typical object of eastern Arabian décor, the mousharabieh screen, the design highlight of the bedrooms.

A sliding screen cuts a white monolithic bloc, creating an elegant separation between the bathroom and bedroom, showing on one side a vanity counter and on the other, a dressing table. The elegance is in the use of the mousharabieh, and the extension of its perspective behind a mirror which provides a visual connection between the bedroom and the bathroom.

The dressing table is the second masterpiece of the room, designed as a multifunctional carved monolithic bloc, used as bathroom storage with a corner minibar column.

The holistic design idea of the room is the harmonious blend between ethnic patterns and classical Arabian Geometrics. The distortion of patterns and their large glossy effect is what creates full and empty spaces which contrast with the primitive ethnic patterns on the wallpaper.

The Deluxe room, however, has a different orientation compared to the standard room. It has more width than length, which allows the bed to face the view, with the desk placed behind the bed.

The bathroom, likewise, faces the view, so that the entire space bathes in natural daylight. The effect is enhanced as the deluxe bathroom is designed as a wet room, with the same mineral material covering the space. The rain shower cubicle is divided from the bathroom space by a thick glass screen.

> Designed by Atelier Pod www.atelierpod.com

